

20 LIFE-CHANGING WORDS

“Your life does not get better by chance.
It gets better by change.” Jim Rohn

1. **Attitude** _____

2. **Awareness** _____

3. **Emotions** _____

4. **Contentment** _____

5. **Rich** _____

6. **Learn** _____

7. **Grow** _____

8. **Encourage** _____

9. **Empathy** _____

10. **Focus** _____

11. **Patience** _____

12. **Power** _____

13. **Compliment** _____

14. **Wisdom** _____

15. **Perspective** _____

16. **Appreciation** _____

17. **Example** _____

18. **Reflect** _____

19. **Courage** _____

20. **Choice** _____

Notes to self: _____

“The best years of your life are the ones in which you decide your problems are your own. You do not blame them on your mother, the ecology, or the president. You realize that you control your own destiny.” Albert Ellis