



Solving the Personality Puzzle

Part 1 of a 2-part Series

My primary personality style is _____

My secondary style is _____

PERSONALITY STRENGTHS & WEAKNESSES

POPULAR SANGUINE

STRENGTHS

Loves fun

Vocal variety

Charming

People person

Likes flexibility

Positive

Volunteers

Storyteller

Creative and colorful

Sense of humor

Curious

WEAKNESSES

Someone I know who may be a Popular Sanguine: _____

Why do I think so? _____

POWERFUL CHOLERIC

STRENGTHS

- _____ Born leader
- _____ Sees the big picture
- _____ Delegates
- _____ Loves a challenge
- _____ Confident
- _____ Usually right
- _____ Determined
- _____ Likes change
- _____ Unemotional
- _____ Independent
- _____ Can run anything
- _____ Organizes well

WEAKNESSES

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

Someone I know who may be a Powerful Choleric: _____

Why do I think so? _____

PERFECT MELANCHOLY

STRENGTHS

- _____ Genius prone
- _____ Analytical
- _____ Self-sacrificing
- _____ Appreciates quiet
- _____ Sensitive
- _____ Meticulous

WEAKNESSES

- _____
- _____
- _____
- _____
- _____
- _____

Thrifty

Schedule-oriented

Likes charts, graphs, etc.

Content to be in background

Makes friends cautiously

Finishes what is started

Someone I know who may be a Perfect Melancholy: _____

Why do I think so? _____

PEACEFUL PHLEGMATIC

STRENGTHS

Easygoing

Hides Emotion

Quiet

Patient

Finds the Easy Way

Witty/Dry Sense of Humor

Consistent

Tactful

Happily reconciled to life

Peaceful & agreeable

Good listener

Calm, cool & collected

WEAKNESSES

Someone I know who may be a Peaceful Phlegmatic: _____

Why do I think so? _____

POPULAR
SANGUINE

POWERFUL
CHOLERIC

PEACEFUL
PHLEGMATIC

PERFECT
MELANCHOLY

Place the appropriate word or phrase from each set of 4 characteristics in the box with the matching personality style:

A) 1 is a watcher
1 is a talker
1 is a thinker
1 is a doer

1 wants to get attention
1 wants to get it right

B) Who is the support person?
Who is the creative person?
Who is the detail person?
Who takes the lead?

D) 2 are task-oriented
2 are people-oriented

C) 1 wants to get it done
1 wants to get along

Based on what you now know about personality styles, how are decisions made by the:

POPULAR SANGUINE

POWERFUL CHOLERIC

PERFECT MELANCHOLY

PEACEFUL PHLEGMATIC

Imagine their greatest fears:

POPULAR SANGUINE:

POWERFUL CHOLERIC:

PERFECT MELANCHOLY:

PEACEFUL PHLEGMATIC:



IT'S MY CHOICE!

The most important thing I learned from today's workshop:

This is what I will do with this information:
