



Solving the Personality Puzzle

Part 2 of a 2-part Series

My primary personality style is _____

My secondary style is _____

How have you become more aware of one of your own weaknesses since our first session? _____

WHAT PROFESSIONS MIGHT THEY CHOOSE IF THEY CHOSE BASED ONLY ON PERSONALITY?

POPULAR SANGUINE:

POWERFUL CHOLERIC:

PERFECT MELANCHOLY:

PEACEFUL PHLEGMATIC:

WHAT KIND OF VACATION MIGHT THEY GO ON?

POPULAR SANGUINE:

POWERFUL CHOLERIC:

PERFECT MELANCHOLY:

PEACEFUL PHLEGMATIC:

WHAT KIND OF **WORK ENVIRONMENT** MIGHT THEY ENJOY?

POPULAR SANGUINE:

POWERFUL CHOLERIC:

PERFECT MELANCHOLY:

PEACEFUL PHLEGMATIC:

WHAT KINDS OF **QUESTIONS** MIGHT THEY ASK?

POPULAR SANGUINE:

POWERFUL CHOLERIC:

PERFECT MELANCHOLY:

PEACEFUL PHLEGMATIC:

How CAN I COMMUNICATE WITH THESE PEOPLE??

1) **The Popular Sanguine...**

- a. Be _____
- b. If they need details, put them in _____
- c. Draw them out with _____ questions

What will upset them:

- a. Being too _____ oriented
- b. Monopolizing the _____
- c. Focusing only on _____

2) **The Powerful Choleric...**

- a. Be _____ and _____
- b. Don't be too _____ / _____

c. Know your _____

What will upset them:

a. Being too _____ too fast

b. Seeming to be _____

c. Not sticking to the _____

3) **The Perfect Melancholy...**

a. Be _____

b. Stay focused on _____

c. Use _____ and _____ information.

What will upset them:

a. Being too _____

b. Constant _____

c. Not being _____

4) **The Peaceful Phlegmatic...**

a. Be _____

b. Approach through the _____ to them

c. Get their _____

What will upset them:

a. Skipping the _____

b. Putting them _____

c. Insisting on instant _____

WHAT CONTRIBUTES TO THEIR SELF-WORTH?

POPULAR SANGUINE:

POWERFUL CHOLERIC:

PERFECT MELANCHOLY:

PEACEFUL PHLEGMATIC:

WHAT DO THEY STRUGGLE WITH?

POPULAR SANGUINE:

POWERFUL CHOLERIC:

PERFECT MELANCHOLY:

PEACEFUL PHLEGMATIC:

So, I MAY NEED TO, IF I'M A...

POPULAR SANGUINE:

POWERFUL CHOLERIC:

PERFECT MELANCHOLY:

PEACEFUL PHLEGMATIC:

HAVE I BECOME MORE AWARE OF A STRENGTH OF ONE OF MY CO-WORKERS, WHOSE PERSONALITY IS DIFFERENT THAN MINE?



*The Choice **IS** Yours...*

What is the most important thing (be specific) that I have learned about personalities in these 2 sessions? _____

What will I do with this information? At work: _____

At home: _____