



LET'S DO A MIND MAP!

A Single 90-minute Webinar

1. What in the world is a mind map? It's a form of _____ that helps you _____ generate your thoughts around a central idea.
2. Mind maps show _____ among pieces of the whole.
3. What do you think of when I ask you to think of the uses of a brick? _____
4. When you begin drawing your mind map, don't think in terms of _____.
5. The brain likes _____ and is more free flowing with ideas in non-linear patterns.
6. Mind maps _____ how our brains work; ideas generate new ideas, which generate new ideas, etc.
7. Find your own _____ as you work with your mind maps.

Let's practice...



- a. Start with your central idea – our example is a birthday celebration.
- b. Ask yourself basic questions:
 - who
 - what
 - when
 - where
 - why
 - how
- c. Jot down any associated thoughts from **each question** somewhere surrounding the central idea – but not in a straight “checklist” line.
- d. Once you've written an answer to each question (if there is one), look at the “first level” answers and jot down any associations that come to mind for that particular answer.

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Online ~ 1.5 ~ 08.20

How did you do? How might you use your mind mapping skills to continue to develop this idea?

For what other ideas, projects, or events might you be able to use your mind mapping skills?

<https://www.mentalup.co/blog/right-brain-left-brain-test>